

Two Caregiver Support Groups

*Caring for someone suffering from serious illness is one of the most challenging experiences in life.
Few of us are adequately trained for it yet most of us think we can, or must, do it ourselves.
These support groups provide opportunities to tell our stories, ask questions, listen and offer advice in
a “safe place” with empathetic people who are sharing your experience.*

Talbot Hospice Foundation

Weekly support every Thursday from 1:00 p.m. to 2:15 p.m.
At Talbot Hospice Foundation’s temporary Bereavement Center
across from The Talbot Senior Center
407 Brookletts Avenue, Easton, MD 21601
410-822-6681

No reservations necessary. Walk-ins are welcome.

For more information call 410-822-6681 or email skulp@talbothospice.org to speak with
Shelly Kulp, LGSW, Talbot Hospice Foundation Bereavement Coordinator

Evergreen, A Center for Balanced Living

Monthly support for Caregivers on Second Monday Evenings
6:00 p.m. to 7:30 p.m.
Facilitated by Norma Trax, LCSW-C
At Evergreen, A Center for Balanced Living
770 Port Street, Easton, MD 21601
410-819-3395

No reservations necessary. Walk-ins are welcome.

For more information call 410-819-3395 or email office@evergreeneaston.org to speak with
Jo Ebling, Evergreen Administrative Coordinator